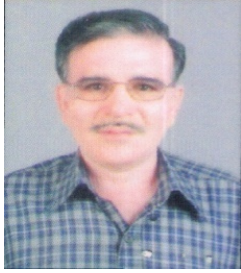


BIO-DATA

NAME	Dr. P.B.THUMAR	
ADDRESS & CONTACT DETAILS	B-104,Aditya Edifice, Near Neelam Party Plot, Chhani Canal Road,Chhani, Vadodara 391740 Email: pbdirmsu@yahoo.co.in pbdirmsu@gmail.com Mobile No.: 9898363225	
DESIGNATION	Former Director, Department of Physical Education, The M.S. University of Baroda, Vadodara.	
DATE OF BIRTH	15 th JANUARY, 1954	
PAY SCALE	144200-218200, Last Basic: 1, 77, 400.Level:14.	
EDUCATIONAL QUALIFICATION:	<ol style="list-style-type: none">1. B.P.E. from L.N.C.P.E., JIWAJI UNIV.GWALIOR), 1978.2. M.P.E. from L.N.C.P.E., JIWAJI UNIV. GWALIOR, 1980.3. M.A. (Economics) from JIWAJI UNIV. GWALIOR, 1982.4. M.Ed. from PUNE UNIV.PUNE – 1985.5. Yoga Teacher (Certificate) from YOGNIKETAN, 1987.6. Ph.D. in Physical Education from LNIPE, GWALIOR – 2004.	
EXPERIENCE:	<ol style="list-style-type: none">1. Physical Education Teacher in RitambharaKanyaVidyaMandir, Saputara from June 1980 to Oct. 1983.2. Assistant Director, Dept. of Physical Education,The M.S. University of Baroda ,Vadodara from Oct. 1983 to February 2007.3. Director, Dept. of Physical Education, The M.S. University of Baroda, Vadodarafrom March 2007 to June 2017.	
AWARDS:	<ul style="list-style-type: none">❖ “Gujarat Yuvak Award” by Gujarat VyayamPracharakMandal.❖ “Best Work in Sports and other Area” by “Ramat Jagat” on 17 January 2016.	
ORIENTATION COURSE:	<ul style="list-style-type: none">❖ Participated in the Orientation Course for Directors of Physical Education Working in the Universities and Colleges from May 07 to 26, 1990 at LNCPE, Gwalior.	
REFRESHER COURSES:	<ol style="list-style-type: none">1. Refresher’s Course in Physical Education from June 01 to 21, 2000 at Academic Staff College, Gwalior.2. Refresher’s Course in Physical Education from November 30 to December 17, 2000 at Academic Staff College, Ahmedabad.	

3. Refresher's Course in Physical Education from January 18 to February 04, 2001 at Academic Staff College, Ahmedabad.

SUPERVISED RESEARCH WORK :

Ph.D. 14(Completed),
01 (Progress)
M. Phil. 04 (Completed)

No.	PhD Thesis Title	Researcher's Name	University	PhD Awarded Year
1	A Comparative Study of Some Personality Traits Among Players of Individual and Team Sports of Universities of Gujarat	Harish M. Desai	Dr .BAOU Ahmedabad	2007
2	A Comparative Study of Motor Ability of Selected Inter University Players of Different Games	Padheriya Vijaysinh B	Dr. BAOU Ahmedabad	2009
3	A Comparative Study on Physical Fitness , Anthropometric Measurement and Intelligent Quotient of Central, Navodaya and AdarshNivasi School's Students of Gujarat State	Bharat M. Patel	Dr. BAOU Ahmedabad	2009
4	An Internet Based Study on Management of Functional Disabilities of Computer Users	Dr. Priyanshu V. Rathod	Bhavnagar University, Bhavnagar	2010
5	A Study of Effects of Yogic Exercise on Performance of Players in Physical Education and Sports Activities	H.K. Solanki	Dr. BAOU Ahmedabad	2011
6	Study the Activities of District Sport Officer's and It's Beneficiaries Achievements in Gujarat State	A.J. Bhalani	Bhavnagar University, Bhavnagar	2011
7	Study the Effect of Yogasana on Creativity and Memory Among the School Children	Bhanuprasad A. Pandya	HNGU Patan	2014
8	A Study of Effects of Yogasana Training on Postural Defected Students' Physical Fitness	Sanjay Kumar S. Joshi	HNGU Patan	2014
9	Study the Effect of Physical Exercise and Yogasana on Physical Fitness and Obesity of College Students	AjitSinh A. Thakor	HNGU Patan	2014

10	A Comparative Study of Body Mass Index and Physical Fitness of Players and Non Players of Tribal School Children	Amishkumar G. Thakkar	HNGU Patan	2015
11	A Comparative Study of Effective Leadership among Physical Education Teachers and Other Subject Teachers in Schools of Gujarat State	DilipDangar	VNSGU Surat	2016
12	Effect of Varied Packages of Yogic Practices on Selected Motor Ability, Physiological and Hematological Variable Among College Men Students	PrakashbhaiRathawa	HNGU Patan	2017
13	Effects of plyometrics training, weight training and circuit training on physical fitness, physiological and anthropometric variables of selected players	Bhupendrasinh R. Zala	HNGU Patan	2019
14	Effect of Plyometric and Circuit Training on Selected Physical, Physiological and Psychological Variables on School Children	Vijay D Patel	HNGU Patan	2020

BOOKS PUBLICATION: 1. Suryanamskar, Published in 2008.

2. Walking(In Progress)

PAPERS PUBLISHED IN JOURNALS:

No	Title	Journal with Vol. No. Year and Page No.	ISSN/ ISBN No.	Whether peer Reviewed	Whether published in e-Form or Hard Copy	No. of Co-Authors	Whether main Author or Co-author
1	Maintaining Physical Fitness at Old Age	Journal of Physical Education & Sports Science , Vol. 04, October 2008, Pg. No. 1-5	--	Yes	Hard Copy	Single Author	--
2	Internet: A Tool for Enhancing Quality Physical Education Programme	Department of Physical Education, Osmania University, Hyderabad, Vol.1, No.1. 2007, Pg. No. 28-34	--	Yes	Hard Copy	One	Main

3	Concern for Quality Physical Education in Indian Universities	University News, Association of Indian Universities, AIU House, New Delhi , Vol. 46, No. 46, 2008, Pg. No. 11-122	0566-2257	--	Hard Copy	One	Main
4	Strengthening Women Participation in Sports: Indian Context	Spark International Online Multidisciplinary E-Journal, Vol. 1, Issue 2, August 2009, Pg. No. 138-148	0975-7929	Yes	E-Form	One	Main
5	Healthy Living by Overcoming Stress	Spark International Online Multidisciplinary E-Journal, Vol. 1, Issue 2, August 2009, Pg. No. 140-153	0975-7929	Yes	E-Form	One	Main
6	Promoting Physical Education at University Level for Developing Mental Health Among the Students	University New , Association of Indian Universities, AIU House, New Delhi , Volume 48, NO.05, 2010,Pg. No. 43-46	0566-2257	--	Hard Copy	One	Main
7	Impact of Pranayama on Selected Components of Blood: An Analytical Study	Indian Journal of Yoga Exercise & Sports Science and Physical Education, Dept. of Physical Education, VisvaBharti Uni. W.B Vol. III No. 2, 2010, Pg. NO. 7-17	0975-265	Yes	Hard Copy	One	Main
8	What's the Right Weight for My Height	Journal Scientific Approach in Education ,Vol. 2, February-March 2010, Pg. No. 25-27	0976-1462	Yes	Hard Copy	Single Author	--
9	Some Thought about Yoga	Journal Scientific Approach in Education , Vol.3, March 2010, Pg. No. 9-11	0976-1462	Yes	Hard Copy	Single Author	--

10	How Can I Lose Weight Safely?	Journal Scientific Approach in Education , Vol.4 ,April 2010, Pg. No.14-16	0976-1462	Yes	Hard Copy	Single Author	--
11	About Applied Sports and Exercise Psychology	Journal Scientific Approach in Education ,Vol.5 , May 2010, Pg. No.21-24	0976-1462	Yes	Hard Copy	Single Author	--
12	Relaxation Technique After Exercise	Ramat Jagat, Dharti, Gandhinagar , 2 nd year Vol: 09,2011, Pg. No. 16-17	2250-1428	Yes	Hard Copy	Single Author	--
13	Preventing Sports Injury During Competition and Training	Ramat Jagat, Dharti, Gandhinagar , 2 nd Year Vol: 10, 2011, Pg. No. 21-23	2250-1428	Yes	Hard Copy	Single Author	--
14	Internet Based Study on Management of Functional Disabilities of Computer Users	National Journal of Integrated Research in Medicine, Vol. 2(4), 2011, Pg. No. 77-82	0975-9840	Yes	Hard Copy	One	Main
15	Sitting Posture: Needs to be Taken into Consideration	Physioforum E-Journal, Publisher: School of Physiotherapy ,RK University, Rajkot , Vol. 2, Issue 1,January 2013, Pg. NO.2-3	978-81-92 ab-09	Yes	E-Form	One	Main
16	Walking: A Healthful Activity	Ramat Jagat, Dharti off Set, Gandhinagar, 3 rd year Vol. 3, ,2012, Pg. No.21-25	0225 0-1428	Yes	Hard Copy	Single Author	--
17	A Study of Anxiety Level in Selected Players of Various Schools Sports and Non-Players in Gujarat State	SPACE A Research Journal of Science, Physical Education, Applied Social Science, Commerce and Education, May, 2013, Pg. No. 39-43.	0976-2175	Yes	Hard Copy	One	Main

18	A Comparative Study of Body Composition	HESMA A Research Journal, , Dharti Offset, Gandhinagar, Vol. 1, No.12012, Pg. No.3-6	2319-1428	Yes	Hard Copy	One	Main
19	100 Facts and Figures related to London Olympics 2012	Ramat Jagat , Vol. 8 , September 2013 , Pg. No. 44-45	2250-1428	Yes	Hard Copy	Single Author	--
20	A Study of Mental Toughness in Team and Individual Players of the MS University of Baroda	SPACE A Research Journal of Science, Physical Education, Applied Social Science, Commerce and Education , Vol. 3 ,No.3 & 4, July-Dec. 2013, Pg. No. 31-32	976-2175	Yes	Hard Copy	One	Main
21	Promoting Peace through Games and Sports	Research Zone India – A Journal of Multi Disciplines , Vol. No.3, June – 2013,Pg. No. 13-18	2319-8168	Yes	Hard Copy	One	Main
22	Nutritional Guideline for Female Athlete: A Boost for Excellent Performance	Acme International Journal of Multidisciplinary Research , Vol.-1, Issue – VI, June 2013, Pg. No. 6-10	2320-23610	Yes	Hard Copy	One	Main
23	Effect of Selected Yogasana Practice on Obese Colleges Girls	Research Matrix International Multidisciplinary Journal of Applied Research, Vol:1 ,2014, Pg No.130,	ISSN 2321-7076	Yes	Hard Copy	One	Main
24	A Guideline of Physical Activity for Indian Adults	International Journal of Multi-DisciplinaryHesma Journal, Vol. 2 Issue 7 2014, Pg No. 14	ISSN: 2319-5959	Yes	Hard Copy	One	Main

25	Childhood Obesity: Prevalence and Prevention	Midas Touch International Journal of Commerce, Management and Technology	ISSN: 2320-7787	Yes	E-Form	Three	Main
26	Study of Effects of Yagasana Training on Selected Physical Fitness Components of Postural Defected Students	VyayamSetu Multilingual Biannual International Journal of Physical Education and Sports Science, Vol.1, July to Dec. 2014 ,Page No. 8-13	ISSN 2349-3992	yes	Hard copy	Three	Main
27	A Comparative Study of BMI and Sports Competitive Anxiety Among GirlsKabbadi Players of India	MDEGQ Your International Online Journal ,Vol. 4, Aug 2015	ISSN 2250-3040	yes	E-general	Two	Main

ARTICLES/CHAPTERS PUBLISHED IN BOOKS:

No	Title of the Article/Paper with page No	Title of the Book along with the Name of Editor, Publisher and Date of Publication	ISSN/I SBN No	Whether Peer-Reviewed	Whether you are the Main Author	No. of Authors and Year of Publication
1	Scientific Training for MalkhambPlayers, Pg.No. 5-7	Souvenir Published by Gujarat State MalkhambAssocaition,4th National Malkhamb Championship ,1985	-	-	Single Author	One 1985
2	Pranayama, Pg.No. 10-46	Sports Roundup, Vadodara Samachar, 1991	-	-	Single Author	One 1991
3	Psychology as Weapon to Success for Table Tennis Player, Pg.No. 22	Souvenir Published by Table Tennis Association of Baroda during All India Prize Money Tournament, Vadodara,2007	-	-	Single Author	One 2007

4	Capacity Building Through Yoga Among the Players of Kabaddi: Infusing Indigenous Knowledge for Excellence in Sports, Pg.No. 33-36	Souvenir Published, by Gujarat State Kabaddi Association & Vadodara Kabaddi Association, during 38 th Junior National Kabaddi Championship, Vadodara, 2011	-	-	Single Author	One 2011
5	Sports: A Way to be Champion, Pg.No. 14	Special Souvenir Published by Table Tennis Association Baroda during National Level Coaching Camp, 2012	-	-	Single Author	One 2012

Papers/Articles Published In Conferences Proceedings:

No	Title of the Article/Paper with Page No.	Details of Conference Publication along with Place and Date of Publication	ISSN/ I SBN No.	Whether you are the Main Author	No. of Co-Authors and Date of Publication
1	Enhancement of Students Performance in Sports: A Critical Reflection on the Personnel, Programme and Facilities of Physical Education in the State of Gujarat, Pg.No. 55-60	Proceedings of National Seminar on Application of Statistics and Computers in Physical Education and Sports held at L.N.I.P.E. Gwalior ,2005	-	Single Author	-
2	Construction of Objective Knowledge Test on History and Rules of Field Hockey, Pg.No. 86-89	Proceedings of National Seminar on Physical Education & Yogic Sciences held at Department of Physical Education, SVNIT, Surat, 2012	-	Main Author	One

3	Strengthening Physical Education Programme in Govt. Primary Schools: A Pilot Study, Pg.No. 74-77	Proceeding of National Seminar on Effective Management of Primary Education organized by Faculty of Education & Psychology, The MSU of Baroda ,, 2006.	-	Main Author	One
4	Obesity: A Need for Health Awareness, Pg.No. 45-47	Dynamic Factors of Physical Education and Sports Studies ManonmaniamSundaranar University, Trunelveli, Tamilnadu,2009	-	Main Author	One
5	Sound Mind in a Sound Body: Contribution of Sports Programs of Developing Mental Health ,Pg.No. 78-85	Faculty of Social Work, The M S U Vadodara,2009	-	Main Author	One
6	A Comparative Study of Personality Traits of Players of Individual & Team game,Pg. No. 4771-478	Proceeding of 25 th Pan Asian Conference of Sports and Physical Education, 2014	ISSN 2231-3265	Single	-
7	Research Competencies in Physical Education: The Need of the Hour,Pg. No. 184-192	Research Competency in Higher Education Mapping and Management ,2015	ISBN-13: 978-93-512-184-2	Single	-

Papers Presented in Conferences/Seminar/Workshops and Symposia:

No	Title of the Paper Presented	Place & Date of Conference/Seminar etc.	Organized by	Whether International/National/State/University or College level
1	Changing Scenario of Physical Education and Sports Science: Its Issues and Remedies	Pune, 26-28 June 2002	National Association of Physical Education and Sports Sciences& Symbiosis Society's College of Arts and Commerce	National

2	Quality Indicators for Effective Management of Colleges of Physical Education in India	Goa, 5-8 Oct. 2003	Alumni Association of LNIPE, Gwalior in Collaboration with Academic Network & G. Scope	International
3	Enhancement of Students Performance in Sports: A Critical Reflection on the Personnel, Programme and Facilities of Physical Education in the State of Gujarat	Gwalior, 10-12 March 2005	Lakshmibai National Institute of Physical Education	National
4	Infrastructural Facilities for Sports in Secondary Schools of Gujarat: An Explorative Study	Ranchi, 8-9 Sept. 2005	Association of Indian Universities, New Delhi & Birla Institute of Technology	National
5	Assessment of the Students' Physical Fitness: An Important Dimension of Schooling	Vadodara, 21-22 Nov. 2005	Navrachana College of Education Affiliated With The SNTD Women's University	National
6	Re-Engineering the Teacher Preparation Programme in Physical Education: Need of the Hour	Vadodara, 23-24 Jan 2006	CASE, Faculty of Education & Psychology, The M.S.U. of Baroda	National
7	Strengthening Physical Education Programme in Govt. Primary School: A Pilot study	Vadodara 10- 11 March 2006	Faculty of Education & Psychology The M S Uni. Of Baroda	National
8	Athletics Injuries: Psychological Rehabilitation	V.V.Nagar, 23-24 Spt. 2006	S.S. Patel College of Physical Education	National
9	Whole Child Education: Developing Awareness on Body Posture Among School Children	Vadodara, 8-9 Dec. 2006	Navrachana College of Education Affiliated With The SNTD Women's University	National
10	Fit People Fit Nation	ODE, Dist. Anand 20 Dec. 2006	DM Patel Arts & SS Patel Commerce College	College
11	Integrating ICT in Physical Education: A Curriculum Framework	Vadodara, 12-13 Feb. 2007	CASE, Faculty of Education & Psychology, The M.S.U. of Baroda	National
12	Revitalizing Health Through Yoga & Other Relaxation Techniques	Ahmedabad, 16-17 March 2007	Department of Yoga, Mahadev Desai SamajSevaMahavidyalaya, Gujarat Vidyapith	National

13	Emerging Scenario for the In-Service Training in Physical Education: Perceptions of Physical Education Teachers of Baroda City	Vadodara, 22-23 March 2007	CASE, Faculty of Education & Psychology, The M.S.U. of Baroda	National
14	Enabling Muscular Power in Athlete: Need for Plyometric Training	V.V. Nagar, 2-3 Nov 2007	Jointly organized by Way made College of Education & S S Patel College of Physical Education	National
15	Importance of Physical and Mental Health in Modern Life	Muval, 11 Oct. 2008	Arts & Commerce College	College
16	Tips for Preparation of GSET Examination: Physical Education	Patan, 3 Dec. 2008	Hemchandracharya North Gujarat University	University
17	Ageing and Physical Fitness	V.V.Nagar, 19-20 Dec. 2008	S.S. Patel College of Physical Education	National
18	Promoting Peace Through Games and Sports	Vadodara, 9-10 Jan 2009	Navrachana College of Education Affiliated With The SNTD Women's University	National
19	E-Research: A Strategic Framework for Researchers	Vadodara, 27-28 Feb. 2009	CASE, Faculty of Education & Psychology, The M.S.U. of Baroda	National
20	Sound Mind and Sound Body: Contribution of Sports Programme for Developing Mental Health	Vadodara, 27-28 Feb. 2009	Faculty of social work, The M.S.U. of Baroda	National
21	Developing an Effective Resistance Training Program	Ahmedabad, 7-8 March 2009	Gujarat State Uni. & Colleges, Phy. Edu. Teachers Association	State
22	Management of Teacher Education: A Case Study of a Physical Education College	Vadodara, 23-24 March 2009	Faculty of Education & Psychology, The M S University of Baroda	National
23	Obesity: A Need for Health Awareness	Kanyakumari 20-22 August 2009	Dept. Phy. Edu. and Sports, Manonmaniam Sundaranar University, Tirunelveli, Tamilnadu	International
24	Modernization of Physical Education Syllabus: A Need of an Hour	Sadra, 14-15 Sept. 2009	M.D. College of Physical Education, Gujarat Vidyapith	College
25	Case Studies: An Overview	V.V.Nagar, 8-9 Oct. 2009	S.S. Patel College of Physical Education	National

26	Impact of Pranayama on Selected Components of Blood: An Analytical Study	Amritsar 5-6 Dec. 2009	Guru Nanak Dev University	International
27	Medicine Ball Exercises: Enhancing Sports Performance	Ahmedabad, 13-14 Feb. 2010	Om Education Trust & Society for Sports Excellence	National
28	Combating Human Diseases through Physical Activity	Vadodara, 19-20 Feb. 2010	CASE, Faculty of Education & Psychology, The M.S.U. of Baroda	National
29	Speed Training Program for Young Athlete	Unja, Mahesana 19-20 Feb. 2010	Gujarat State Universities & Colleges, Physical Education Teachers Association	National
30	Excellency in Sports: Through Yogic Exercises	Bardoli, 11-12 Jan. 2011	Gujarat State Universities & Colleges, Physical Education Teachers Association	National
31	A Study of Anxiety level in Selected Players of Various Schools Sports and Non-Players in Gujarat State	Goa, 25-27 Feb. 2011	National Association of Physical Education & Sports Sciences & S V's Sridora Caculo College of Commerce & Management Studies, Mapusa	International
32	Spectrum of Wellbeing	Ahmedabad, 6-7 March 2011	Smt. A P Patel Arts & Late Shree N P Patel Commerce College	National
33	Guidelines for Choice Based Physical Education Syllabus for 1 st Year Students	Rajkot, 26 July 2011	Saurashtra University	University
34	A Study of Effect of Garbas Practice on Anthropometrical Variables in Female	Udaipur, 9-11 Sept. 2011	Department of Physical Education, Govt. Meera Girls College	National
35	Sports for Sustainable Development: Need of the Hour	Surat 21-23 Jan 2012	V T Choksi Sarvajanic College of Education, in Collaboration with Faculty of Education, VNSG University	International
36	School Education: Concern for Quality Health Programme	Surat 2-4 March 2012	Department of Physical Education SVNIT	National
37	Appraisal of Physical Education at School Level	Vadodara, 23-24 March 2012	Department of Educational Administration, Faculty of Education & Psychology, The M S University of Baroda	National

38	Developing Life Skills Amongst School Children: Sports as an Important Mechanism for Enhancement	Vadodara, 26-27 March 2012	CASE, Faculty of Education & Psychology, The M.S.U. of Baroda	National
39	A Study of Congruence between Two Traditions: Namaz and Asanas	Kapadwanj, 21-22 September 2012	Shah K S Arts and V M Parekh Commerce College	National
40	Transforming the Lives of Disable through Yogasana Practice	Ahmedabad, 18-19 Feb 2013	Department of Physical Education M G Science Institute	National
41	Effective Supervision of Doctoral Study: An Indicator for Quality Research	Vadodara, 1-2 March 2013	CASE, Faculty of Education & Psychology, The M.S.U. of Baroda	National
42	A Comparative Study of BMI & Sports Competitive Anxiety Among Girls Kabaddi Players of India	Ahmedabad, 10-11 March 2013	K K Shah Jarodwala Maninagar Science College	National
43	Swami Vivekananda's Philosophy: Designing the Curriculum of Physical Education	Vadodara, 21 Oct. 2013	Maharaja Sayajirao Vishwavidyalaya Shaikshik Sang, The M S University of Baroda	National
44	Physical Fitness: Guidelines for Collage Youth	Halol 7 Feb. 2014	M & V Arts & Commerce College, Halol	College
45	Sports: A Tool to Empower Women	Vadodara 13-14 Feb. 2014	Faculty of Social Work The M S Uni. Of Baroda	International
46	Meditation: Towards Better Life	Vadodara 21-23 March 2014	Indian Society for Indic Studies Academy Vision for Wisdom & Faculty of Social Work, The M S Uni. of Baroda	National
47	Research Competencies in Physical Education: The Need of the Hours	Vadodara 24-25 March 2014	Faculty of Education & Psychology The M S Uni. of Baroda	National
48	A Comparative Study of Personality Traits of Players of Individual and Team Games	Hyderabad 8-10 August 2014	Osmania University, Hyderabad, Telangana, India	International
49	Effect of Sports Training	Dhansura	DPCBL Arts & Commerce	National

	on Selected Variables of Physical Fitness on Handball Players	19 Sep. 2014	Colleges, Dhansura	
50	Inculcating Values and Self Discipline Through Sports in School Education	Vadodara 14-15 Oct. 2014	The MSU of Baroda & UNICEF	National
51	National Mission for Higher Education: Invigorating the Physical Education in India	Vadodara 30-31 Dec. 2014	AkhilBharatiyaShaikshikMahasnaag ,Delhi & MSVSS , Vadodara	National
52	Challenges in Physical Education: Reaching the Student with Differentiated Instruction	Vadodara 10 January 2015	Maharaja Sayajirao Vishwavidyalaya Shaikshik Sang, The M S University of Baroda	National
53	Guide to Select, Refine and Define Research Problem in Physical Education	Sadra 20 January 2016	M.D. College of Physical Education, Gujarat Vidyapith	College
54	Indian Higher Education Sports: Skirmishing Strategy for Drugs Abuse	Vadodara 30 January 2016	Department of Physical Education, The M.S.U. of Baroda	State
55	Adaptive Physical Education: Promoting Inclusion in Sports and Games in Schools	Vadodara 1-2 March 2016	CASE, Faculty of Education & Psychology, The M.S.U. of Baroda	National
56	Mental Toughness: The Winning Secret of Elite Athletes	Vadodara 19 March 2016	M.K. Amin Arts & Science College and College of Commerce, The M S University of Baroda, Padra	National

Invited Lecture / Chairmanships at National or International Conferences/Seminars:

No	Title of the Lectures/Academic Session	Title of Conference/Seminar etc.	Date(s) of the Event	Organized by	Whether International/National/State
1	Keynote address: Comments on Sports Policy of India 2007	Modern Trends in Physical Education & Sports	Ambaji 31 Jan. 2008	Gujarat State Universities & Colleges Physical Education Teachers Association	State
2	Chairperson: 2 nd Day Morning Session	2nd National Seminar on Play & Education	Ahmedabad, 13-14 Feb. 2010	Om Education Trust & Society for Sports Excellence	National

3	Chairperson: 26 Feb. Evening Session	International Conference on Physical Education & Sports Science	Goa, 25-27 Feb. 2011	National Association of Physical Education & Sports Sciences & S V's Sridora Caculo College of Commerce & Management Studies, Mapusa	International
4	Keynote address: Role of Good Posture in Enhancing Sports Performance	Seminar on Posture & Good Health	Vadodara, 18 Aug. 2012	Bharati Vidyabhavans	State
5	Chairperson: 21 Sep. Evening Session	UGC Sponsored: Two Days National Level Seminar on Physical Education on Yoga Education & Personality Development	Kapadwanj 21-22 September 2012	Shah K S Arts and V M Parekh Commerce College	National
6	Keynote address: Exercise for Diseases Prevention and Health Promotion	UGC Sponsored National Seminar on Physical Education & Sports Science	Ahmedabad, 10-11 March 2013	K K Shah Jarodwala Maninagar Science College	National
7	Chairperson: Morning Session	UGC Sponsored State Seminar on Drug Abuse in Sports	Vadodara 30 January 2016	Department of Physical Education, The M.S.U. of Baroda	State
8	Chairperson: Afternoon Session	UGC Sponsored National Seminar on Physical Education and Sports: Scientific Approach	Padra 19 March 2016	M.K. Amin Arts & Science College and College of Commerce, The M S University of Baroda, Padra	National

Contribution on Conducting /Organizing Academic Programme :

No	Name(s)	Programme(s), Place & Date(s)	Participated as
1	Workshop	Workshop on How to Prevent Foot & Ankle Injury and Enhance Sports Performance for Coaches and Physical Education Teachers, Dept. of Physical Education, The MSU of Baroda, 12 July 2008	Organizing Secretary
2	Cricket (Men)	Irani Trophy Match, BCA Vadodara, 24-28 Sept. 2008	Member of Managing Committee
3	Table Tennis (M & W)	Inter University West Zone Table Tennis Men & Women Tournament, Dept. of Physical Education, The MSU of Baroda, 7-10 Oct. 2008	Organizing Secretary
4	Yoga	Free Yoga Camp for Citizens of Vadodara, Dept. of Physical Education, The MSU of Baroda, 2-8 Feb. 2009	Organizing Secretary
5	Kabaddi (M & W)	All Gujarat Open Kabaddi Men & Women Tournament, Vadodara, Sep. 2009	Organizing Secretary
6	Workshop	Workshop on Managing Sports Injury: Holistic Approach of Players, Dept. of Physical Education, The MSU of Baroda, 2010	Organizing Secretary
7	Table Tennis (M & W)	A Seminar for the Technical Rules and Regulations for Table Tennis, TTAB Vadodara, Sept. 2011	Joint Organizing Secretary
8	Staff Table Tennis (Men)	All Gujarat Inter University Staff Table Tennis (Men) Tournament, Dept. of Physical Education, The MSU of Baroda, 24-25 Dec. 2011	Joint Organizing Secretary
9	Cricket (Men)	Inter University West Zone Cricket Men Tournament, Dept. of Physical Education, The MSU of Baroda, 19-27 Dec. 2013	Organizing Secretary
10	Table Tennis (M & W)	Inter University West Zone Table Tennis Men & Women Tournament, Dept. of Physical Education, The MSU of Baroda, 8-12 Jan. 2014	Organizing Secretary
11	Volleyball (M & W)	All Gujarat Volleyball Championship in the Year 2011, 2012, 2014	Organizing Secretary
12	Workshop	Workshop on Sports Medicine, Preventing Sports Injury on the field and Rehabilitation for the Player of The MSU of Baroda	Organizing Secretary

Initiation for Infrastructure Development and New Courses at the Department:

- ❖ Developed 1.35Kms Distance Walking Track at the Periphery of the Playground at the Department.
- ❖ Developed the Automatic Underground Sprinkling System for all the Outdoor Playfields at the Department.
- ❖ Developed the 400Mts. Athletic Track at the Department.
- ❖ Renovation of Table-Tennis Hall with Synthetic Flooring and Air Condition from the Member of Parliament Grant.
- ❖ Purchased latest Equipments like Roller, Grass Cutter, Tree Cutter etc. for the Maintenance of Playgrounds.
- ❖ Separation of all the Outdoor Playfields with Fencing and Lighting Facility.
- ❖ Built up Gymnasium from UGC Grant with latest Facilities.
- ❖ Constructed Multipurpose Indoor Hall 60x40Mts. Play Area from 7.25Cr. Grant Sanctioned by Sports Authority of Gujarat.
- ❖ Prepared Synthetic 2 Courts for Volleyball, Basketball and Lawn Tennis from 1.75 Cr. Grant sanctioned by Sports Authority of Gujarat.
- ❖ Introduced Choice Based Credit System foundation course in Physical Education for F.Y. Students of different faculties.
- ❖ Started six months Certificate Courses in Sports Management and Physical Fitness Management.
- ❖ Started one month Certificate Course in Aerobics and Self-Defense for MSU women staff and student.

Associated with Sports Bodies:

- ❖ Was a Managing Committee Member Baroda Cricket Association.
- ❖ Member of National Association for Sports and Physical Education, (NAPES) India.
- ❖ Was Selection Committee Member for Physical Education at Saurashtra University, S.P. University Vidyanagar, Bhavanagar University.
- ❖ Was Vice-President Gujarat State Volleyball Association.
- ❖ Was Chairman: Technical Committee of Gujarat State Kabaddi Association.
- ❖ Vice President: Vadodara District Volleyball Association, Vadodara.
- ❖ Vice-President: Wrestling Association of Vadodara District.
- ❖ Vice-President: Gujarat State Kho-Kho Association.
- ❖ Was Vice-President: Vadodara District Amateur Athletics Association.
- ❖ Was State Secretary: KirdaBharti– Gujarat.

ADDITIONAL:

- ❖ Attended Training Workshop on Higher Education Corrective Measures Programme Organized by Office Commissioner of Higher Education Gujarat State on 6-7 June 2007 held at Saputara, Dang.
- ❖ Took an initiative to formulate the Gujarat State Malkham Association.

- ❖ Chief Supervisor for Recruitment (Departmental and Direct) of Constables and P.S.I conducted by Gujarat GaunSevaPasandagiMandal, Gandhinagar.
- ❖ Examiner / Paper setter at B.P.E., M.P.E., M.Phil. and Ph.D. level in the field of Physical Education in different Universities.
- ❖ Member of a Team to assess the UGC Scheme, “Progress of Centre of Excellence in Sports Science at GND University, Amritsar”, team visited on 15 December 2008.
- ❖ Was the Member of MSU Committee constituted for formations norms for Career Advancement Schemes as per Six Pay Commission Guideline.
- ❖ Was the Editorial Committee Member of 4(Four) Journals Published in the field of Sports and Physical Educations.

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